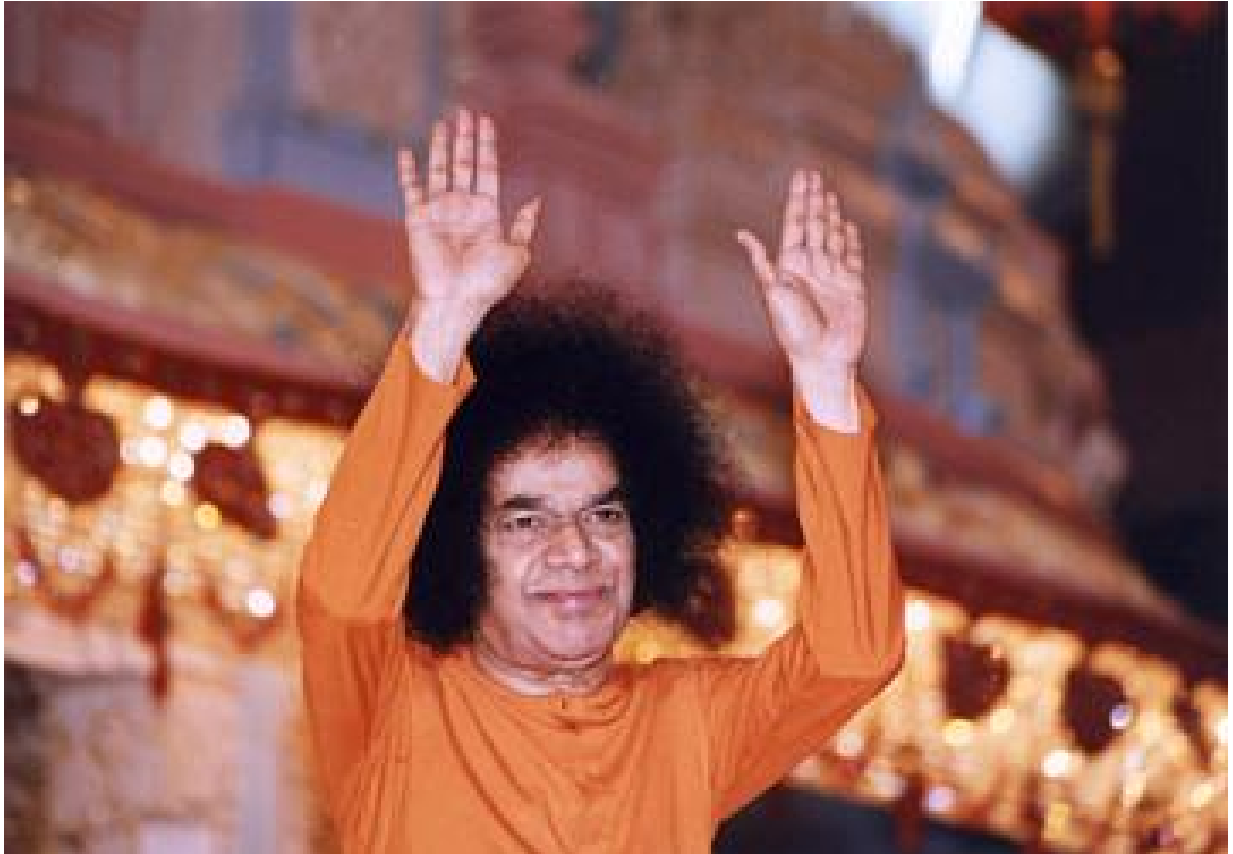


Om Sri Sai Ram

Regularly Used Prayers/Mantras in our Center

[With meanings in English]



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SLOKAS ON LORD GANESHA

Shuklaambara Dharam Vishnum
Shashi Varnam Chatur Bhujam
Prasanna Vadanam Dhyaayet
Sarva Vighna Upashaanthaye

Meaning:

We meditate on Lord Ganesha - who is clad in white (representing purity), who is all pervading (present everywhere), whose complexion is gray like that of ash (glowing with spiritual splendor), who has four arms, who has bright countenance (depicting inner calm and happiness) and who can destroy all obstacles (in our spiritual and worldly path).

Vakratunda Mahakaaya
Suryakoti Samaprabha
Nirvighnam Kuru Mey Deva
Sarva Kaaryeshu Sarvada

Meaning:

The Lord with the curved trunk and a mighty body, who has the luster of a million suns, I pray to thee Oh Lord, to remove the obstacles from all the actions I intend to perform.

BHAGAWAN SRI SATHYA SAI SUPRABHATHAM

1. Easwaramba Suthah Shreeman
Poorvaa Sandhyaa Pravarthathe
Utthishta Sathya Sayeesha
Karthavyam Daivam Aanhikam

O Son of Easwaramba! O Resplendent Majestic One! Dawn is heralding in the East. The daily tasks of Divinity, which Thou hast undertaken has to be accomplished, therefore, awake, O Lord Sathya Sai!

2. Utthishtotthishta Partheesha
Utthishta Jagadheepathy
Utthishta Karunapoorna
Loka Mangala Siddhaye

Awake, Awake, O Lord of Parthi! O Lord of the entire Universe and Mankind! Awake, O Compassionate Lord! So that the world attain auspiciousness, happiness, prosperity, welfare and blessings.

3. Chitraavathi Thata Vishaala Sushaantha Soudhey
Thishtanthi Sevaka Janaah Thava Darshanaartham
Aadhithya Kaanthiranubhaathi Samastha Lokaan
Sri Sathya Sai Bhagawan Thava Suprabhatham

In the vast Mansion, full of bliss and tranquility, (Prashanthi Nilayam) on the banks of the river Chitravathi, those anxious to serve Thee are waiting for Thy Darshan. The radiance of the Sun is illumining the World. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.

4. Thwannaama Keerthana Rathaah Thava Divya Naama
Gaayanthi Bhakthi Rasa Paana Prahrushta Chiththaah
Daathum Krupaasahitha Darshanamaashu Thebhyah
Sri Sathya Sai Bhagawan Thava Suprabhatham

Devotees engrossed in singing Thy Glory are happy and blissful, when they taste the nectar of devotion. Kindly shower Thy Grace by granting them Thy Darshan. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.

5. Aadhaaya Divya Kusumaani Manoharaani
Sreepaada Poojana Vidhim Bhavadanghri Mooley
Karthum Mahotsukathayaa Pravishanti Bhakthaah
Sri Sathya Sai Bhagawan Thava Suprabhatham

Bringing holy flowers with captivating colors and fragrance, for worshipping Thy Lotus Feet, in the form as prescribed by the scriptures; Thy devotees are coming in, with great yearning and enthusiasm. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.

6. Desaantharaagatha Budhaah Thava Divya Moorthim
Sandharshanaabhirathi Samyutha Chiththa Vruthyaa

Vedoktha Manthra Pathanena Lasanthyajasram
Sri Sathya Sai Bhagawan Thava Suprabhatham

Wise persons from distant countries, moved by yearning to have Thy Darshan, have come and they are having great delight in reciting constantly mantras of the Vedas. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.

7. Shruthva Thavaadbhutha Charithram Akhanda Keerthim
Vyaaptham Diganthara Vishaala Dharaathalesmin
Jignaasu Lokaupathishtathi Chaasramesmin
Sri Sathya Sai Bhagawan Thava Suprabhatham

Hearing Thy marvelous tales and fame that has reached the farthest horizons, earnest seekers of Reality have come to this place and are waiting. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.

8. Seetha Sathee Sama Vishuddha Hridhambu Jaathaah
Bahvanganaa Kara Gruheetha Supushpa Haaraah
Sthunvanthi Divyanuthibhih Phani Bhushanam Thwaam
Sri Sathya Sai Bhagawan Thava Suprabhatham

Women devotees, whose (petals of) heart are unattached to the world like Lotus petals (which are unattached to the water in which they grow, even though they cannot survive without water) and are similar to Mother Seetha in virtues and piousness are singing Thy Glory - the Glory of Lord Shiva adorned with Serpent around His neck - through holy hymns holding excellent flower garlands in their hands. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.

9. Suprabhatham Idam Punyam Ye
Patanthi Dine Dine
Tey Vishanthi Param Dhaama
Jnaana Vijaana Shobhithaah

Whoever daily recites this morning awakening Hymn will attain the Highest Abode resplendent with the Supreme intelligence as well as Supreme wisdom.

10. Mangalam Guru Devaaya
Mangalam Jnaana Dhaayine
Mangalam Parthi Vaasaaya
Mangalam Sathya Saayine

May the divine Guru be auspicious to us; May the Bestower of wisdom be auspicious to us; May the Lord, Who manifested in Parthi be auspicious to us; May Bhagawan Sathya Sai Baba be auspicious to us.

GURU MANTRA

**Gurur Brahmaa Gurur Vishnu
Gurur Devo Maheswara
Gurur Saaksaat Param Brahma
Tasmai Shri Guruve Namaha**

Meaning:

Guru Is Brahmaa (Who plants the qualities of goodness)

Guru Is Vishnu (Who nurtures and fosters the qualities of goodness)

Guru Is Maheswara (Who weeds out the bad quality)

Guru Is Supreme Brahman Itself

Prostration Unto That Guru

SARVA DHARMA PRAYER

Om Tat Sat Sri Narayana Thoo, Purushotthama Guru Thoo
Siddha Buddha Thoo, Skanda Vinaayaka, Savitha Paavaka Thoo
Brahma Mazda Thoo, Yahva Shakthi Thoo, Esu Pitha Prabhu Thoo
Rudhra Vishnu Thoo, Ramakrishna Thoo, Rahim Tao Thoo
Vasudeva Go Viswaroopa Thoo, Chidaananda Hari Thoo
Advitheeya Thoo, Akaala Nirbhaya Aatmalinga Shiva Thoo

Meaning:

Om Thou art that, Thou art Narayana, God in the form of man; Thou art the Embodiment of perfection and the perfect master. Thou art enlightened Buddha; Thou art Subramanya and Ganesha, the remover of obstacles; Thou art the Sun-fire Thou art Brahma, the Creator; Mazda, the Great One; Thou art Jehovah and the Divine Mother, the creative Energy. O Lord! Thou art the Father of Jesus. Thou art Rudhra, the Transformer, and Vishnu, the Preserver; Thou art Rama and Krishna; Thou art Rahim, all kindness, always giving and expanding; Thou art the Tao. Thou art Vasudeva, the Sustenance of all, omnipotent and omnipresent; Thou art Hari, Destroyer of illusion, the blissful Spirit. Thou art unparalleled, beyond time and fearless of adversities; Thou art Shiva, Creator of the lingam, Symbol of the formless Absolute.

GAYATHRI MANTRA

Om Bhur Bhuva Suvah
Tat Savithur Varenyam
Bhargo Devasya Dheemahi
Dhiyo Yonah Prachodayat

Meaning:

Oh Mother, who subsists in all the three Kaalas (Time: Past, Present and Future), in all the three lokas (Lokas: Heaven, Earth and Lower Regions) and in all the three gunas (Gunas - Attributes: Sathwa, Rajas and Thamas), I pray to Thee, to illumine my intellect and dispel my ignorance just as the splendrous sunlight dispels all darkness. I pray to Thee to make my intellect serene and bright and enlightened.

SAI GAYATHRI

Om Sayeeshwaraya Vidhmahe
Sathya Devaya Dheemahi
Thannassarvah Prachodayath

Meaning:

I know through Gurus and Shastras (and by direct experience) that Sai is God Himself; He is Bhagawan and Easwara. I meditate on this form in my heart with all my mental faculties. He is the embodiment of truth, divinity, universal consciousness and the one who pervades all the worlds. I pray to Sathya Sai Parameshwar to direct our intellect to engage in auspicious and righteous activities. I meditate on this great Form.

ASATHOMA PRAYER

Asatho Maa Sad Gamaya
Thamaso Maa Jyothir Gamaya
Mrithyor Maa Amritham Gamaya

Meaning:

Lead me from untruth to truth;
Lead me from darkness to light;
Lead me from death to immortality.

THE MAHA-MRITYUNJAYA MANTRA

Om trayambakam yajaamahe
Sugandhim pushti - vardhanam
Urva - rukamiva bandhanan
Mrytor muksheeya ma - amritaat

Meaning:

Om. We worship the Three-Eyed One (Lord Shiva), who is naturally fragrant, immensely merciful and who is the Protector of the devotees. Worshipping Him may we be liberated from death for the sake of immortality just as the ripe cucumber easily separates itself from the binding stalk. By your Grace, Let me be in the state of salvation (Moksha) and be saved from the clutches of fearful

ARATHI

"Aarathi" is a Sanskrit word meaning "The Close". "Aarathi" is the prayer song sung at the close of each Bhajan session. The "Aarathi" at the close of Sai Bhajans is really of profound significance. The camphor flame has itself has been endowed by Bhagawan with the value and validity of a grand prayer, the culmination of the hour-long yearning of all devoted hearts. Bhagawan says, "While it is being waved pray - O Lord! Make the allotted span of my life as pure, as fragrant and as transparent as camphor; let it consume itself in the fire, scattering light and the warmth of love to all around me and at the end of it all, let there be nothing left of me (as the camphor leaves no ashes or residue) to render me liable to another sojourn amidst pleasure and pain.". This is the prayer with which every session of homage to Sai can appropriately close.

1. Om Jaya Jagadheesa Harey
Swami Sathya Sai Harey
Bhaktha Jana Samrakshaka
Bhaktha Jana Samrakshaka
Parthi Maheshwara
Om Jaya Jagadheesa Harey

Victory to Lord of Universe, Lord Sathya Sai, Who destroys grief, evil and miseries of life and Who guards and protects devotees. Victory to Lord of Lords - Lord of Parthi

2. Sashi Vadhana Sree Karaa Sarva Praana Pathey,
Swami Sarva Praana Pathey
Aasritha Kalpa Latheeka
Aasritha Kalpa Latheeka
Aapadh Baandhavaa
Om Jaya Jagadheesa Harey

O Graceful and Charming as a Full Moon! O Auspicious One! O Lord Sai! Thou art the Indweller and life force of all Beings; the wish- fulfilling Divine creeper to those who have surrendered to Thee; and kinsman, protector and friend in times of distress and calamities. Victory to Lord of Universe.

3. Maatha Pitha Guru Dhaivamu Mari Anthayu Neevey
Swami Mari Anthayu Neevey
Naadha Brahma Jagan Naatha
Naadha Brahma Jagan Naatha
Naagendra Shayanaa
Om Jaya Jagadheesa Harey

O Lord Sai! Thou art Mother, Father, Noble Teacher, Supreme Divinity and everything to us. O Lord Universe! Thou art Primeval Sound and art reclined on coiled serpent.

4. Omkaara Roopa Ojaswi Om Saayi Mahadeva
Sathya Saayi Mahadeva
Mangala Aarathi Anduko
Mangala Aarathi Anduko
Mandhara Giridhari
Om Jaya Jagadheesa Harey

O Splendorous One! O Lord of Lords - Lord Sai! Thou Form is Pranava. We pray Thee to accept the auspicious waving of flame of light (signifying the removal of ignorance). Victory to Thee, O Lord of Universe, Resident of Mandhar Mountain - Lord Giridhari.

[Sing the following three times, each time at a faster pace than the previous one]

5. Narayana Narayana Om
Sathya Narayana Narayana Narayana Om
Narayana Narayana Om
Sathya Narayana Narayana Om
Sathya Narayana Narayana Om
Om Jai Sad Guru Devaa

Chant the name of Lord Sathya Sai Narayana, Whose Form is Pranava. Victory to Noble Teacher and Supreme Lord Sai, Sathya Sai.

UNIVERSAL PRAYER: SAMASTA LOKA SUKHINO
BHAVANTU

Samasta Loka Sukino Bhavantu
Samasta Loka Sukino Bhavantu
Samasta Loka Sukino Bhavantu
Om Shan'ti Shan'ti Shan'ti

Meaning:

May the Lord bless the whole world with eternal peace and goodwill.
May the Lord bless the whole world with eternal peace and goodwill.
May the Lord bless the whole world with eternal peace and goodwill.
Peace Peace Peace

VIBHUTI MANTRA

**Paramam Pavithram Baba Vibhuthim
Paramam Vichithram Leela Vibhuthim
Paramaartha Ishtaartha Moksha Pradhaanam
Baba Vibhuthim Idham Asrayami**

Meaning:

I take refuge in the supremely sacred Vibuthi of Lord Baba, the wonderful Vibuthi, which bestows salvation, the sacred state which I desire to attain.

English version:

**Sacred Ash, Miraculous, Baba's Creation
Flowing From His Blessed Hand, Holy Creation
Granting Us The Greatest Wealth, God's Divine Protection
Beloved Baba, Grant Us Liberation**

BRAHMAARPANAM - FOOD PRAYER

Brahmaarpanam Brahma Havir
Brahmaagnau Brahmanaa Hutam
Brahmaiva Tena Gantavyam
Brahma Karma Samaadhinaha

[This is 24th verse from the 4th chapter of Bhagavad Geetha] The act of offering is Brahman. The offering itself is Brahman. The offering is done by Brahman in the sacred fire which is Brahman. He alone attains Brahman who, in all actions, is fully absorbed in Brahman. (As we chant this prayer we are offering the different types of food to Brahman).

Aham Vaishvaanaro Bhutva
Praaninaam Dehamaashritha
Praanaapaana Samaa Yuktaha
Pachaamyannam Chatur Vidam

[This is 14th verse from the 15th chapter of Bhagavad Geetha] This sloka is a sort of acknowledgement and assurance to us from Brahman. "I am Vaishnavara, existing as fire God in the bodies of living beings. Being associated with ingoing (prana) and outgoing (apaana) life breaths, I will digest all the four different types of food (that which we bite and chew; that which we masticate with the tongue; those which we gulp; that which we swallow) and purify them."

Harir Daatha Harir Bhoktha
Harir Annam Prajaapatih
Harir Vipra Shareerastu
Bhoonkte Bhojayathe Harih.

Oh Lord Hari, You are the food, You are the enjoyer of the food, You are the giver of food.
Therefore, I offer all that I consume at Thy Lotus Feet.

Swami's explanation of this prayer

We should partake food with a Sathwic mind. Our ancestors recommended the offering of food to God before partaking. Food so partaken becomes "Prasad" (consecrated offering). Prayer cleanses the food of the three impurities; caused by the absence of cleanliness of the vessel, cleanliness of the food stuff, and cleanliness in the process of cooking. It is necessary to get rid of these three impurities to purify the food; for, pure food goes into the making of a pure mind. It is not possible to ensure the purity of the cooking process, since we do not know what thoughts rage in the mind of the man who prepares the food. Similarly, we cannot ensure the cleanliness of the food ingredients as we do not know whether it was acquired in a righteous way by the seller who has sold it to us. Hence, it is essential on our part to offer food to God in the form of prayer, so that these three impurities do not afflict our mind.

The food thus offered to God is digested by 'Vaishwanara' in the digestive system. Since God exists in the form of fire as Vaishwanara, He digests the food along with the impurities. So, man will not be affected even if the impurities enter the food.

NIGHT PRAYER

Kara Charana Kritham Vaak Kaayajam Karmajam Vaa
Sravana Nayanajam Vaa Maanasam Vaa Aparadham
Vihitham Avihitham Vaa Sarvameat Kshamasva
Jaya Jaya Karunaabdhe Sri Maha Deva Shambho

Meaning:

[This is to be recited in the night before going to bed]. Oh Lord, please forgive me for all the wrong actions that I have committed with my hands, feet, speech, body, ears, eyes and mind. Please pardon me for all the wrong actions that I have done knowingly or unknowingly. Victory to You, oh Lord of compassion and mercy.

ENGLISH VERSION

"Oh Lord, The Tasks Of This Day Whose Burden I Placed On You This Morning Are Over.

It Was You Who Made Me Walk, Talk, Think, And Act.
I Therefore Place At Thy Feet All My Words, Thoughts And Deeds.
My Task Is Done, Receive Me.
I Am Coming Back To You".